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FEBRUARY NEWSLETTER
692-1111



Welcome to our
Tae Kwon Do
Family!!!

Birthdays in
February

Gavin Boule	14th
Austin Perkins	24th
Blake Runyon	25th
Marta Connor	27th
Sarah Fidahussain	27th
Javier Nieto	28th

Tournament

Master Kim's tournament will be held Saturday, March 10th.

Valentine's
Day Cards

Valentine's Day is February 14th. Talk to Master Myung if you would like taekwondo valentines for your friends and family!!!

INSTRUCTIONS OF
THE WEEK

January 30th . February 11th
Forms

February 13th . 17th Review for
Testing

February 20th . 25th Self-
Defense

February 27th . March 3rd
Kicking Combinations/Self-
Defense

SPARRING CLASS

Thursday, February 9th

Thursday, March 1st

Don't forget your sparring gear!!!

Breaking Class

Thursday, February 2nd

Thursday, February 23rd

Students will have to pay \$1 per board they break. Students should pay before they break.

Black Belt Helping
Classes

Brown belts and higher are encouraged to come on the following Saturdays: February 4th, 11th, 25th and March 3rd. Class goes from 9:00-10:30.

Testing

Testing will be held February 18th

Black, Red, and White belts 9:30am

All Color Belts
11:15am

Belt Ceremony

Belt Ceremony will be held February 20th at 7:00pm.

Happy
Valentine's Day!!!